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Inside this issue:

Busy times for PPS	1
Duke of Edinburgh Award Information	1
Whats New...	1
DoE Calendar	2
Meet the instructors	2
FAQ about DoE	2
Tramping tip of the month	2

Busy times for PPS

PPS has been extremely busy with DoE programmes and running close to one a week as well as keeping up with other outdoor commitments.

The busy period has been all the more challenging with the recent run of bad weather.

Well done to those who joined us on their Bronze Expedition to the Pinnacles in the

Coromandel. While enjoying relatively good weather on day 1, the weather overnight turned pair shaped with over 100mm of rain falling causing the group to rethink their trip plan. It certainly allowed them to put theory into practice and I'm sure much was learnt by the group.

Well done on completing the adventurous journey section of the award.

We would love to hear your feedback on any of our programmes that you have experienced to pps@xtra.co.nz



Duke of Edinburgh Award Information

If you are interested in attending one of the training camps, practice tramps, assessments or you need an instructor or assessor for your own journey, contact us for some more information, send an email to:

pps@xtra.co.nz

If you are finding it hard to get a group together for a tramp, you can also send us an email to pps@xtra.co.nz with your contact details and dates, to be placed on the notice board of the PPS newsletter.

If your school has a large number of students enrolled in the DoE Award, PPS can run a training camp especially to suit your schools needs. Email pps@xtra.co.nz for more info or to confirm dates.



The Young New Zealanders' Challenge
Te Wero Taiohi o Aotearoa

What's New.....

PPS would like to welcome Hanna Sharps and Tony Germany who are undertaking industry experience and a research project as part of their university study. If you receive a questionnaire from them could you kindly fill it out and return it please.

DoE Calendar

OPEN COURSES

May 12-13th 2007
Bronze training camp weekend

May 26-27th 2007
Silver training camp weekend

June 9-10th 2007
Gold training camp weekend

August 18-19th 2007
Bronze training camp weekend

August 25-26th 2007
Silver training camp weekend

September 1-2nd 2007
Gold training camp weekend

September 1-2nd 2007
Gold training camp weekend

September 1-2nd 2007
Gold training camp weekend
September 1-2nd 2007
Gold training camp weekend

All bookings must be confirmed two weeks prior to programmed date.

Meet the Instructors

Deirdre Carraher

Dee holds a Diploma in Outdoor Recreation Leadership from AUT. For the past three and a half years she has been working in the Outdoor Education industry, with school aged children in such locations as Australia, USA and New Zealand.

Dee has been involved in journey-based programmes, encouraging students to push themselves beyond their comfort zones & improving their self

-confidence and teamwork skills.

Dee specialises in bush, as well as being experienced in canoeing, kayaking, high/low ropes, rock climbing, abseiling, mountain biking, ABL and teamwork activities.

With plans of becoming a school teacher and a love of the outdoors, she appreciates the learning that can be achieved from even the smallest outdoor experience.

FAQ about DoE.....

- Q.** Do Practice Journeys have to be the same length as the Expeditions?
- A.** No. The focus on Practice Journeys is not about distance, but to explore and critique what you have learnt from training camps in readiness for your Expedition.
- Q.** Why do I need a pack on training camps?
- A.** Packs are used on training camps to give the students an idea of how a pack feels while tramping, correct pack fitting techniques & packing of packs.

Dingo's Tip of the month

The body breaths out approximately 600ml of water while asleep. This needs to be replaced and a good way to remember this is to drink 1l of water before starting the day to help in keeping the body hydrated